

GBES Monster Menu January 2019

Monday	Tuesday	Wednesday	Thursday	Friday
Menu Subject to Change	1 NO SCHOOL New Year Day	2 Chicken Nuggets Beef Ravioli Mashed Potato/Gravy Roll Ham & Cheese Sandwich Fruit & Vegetable Bar Variety of Milk	3 Cheeseburger Frito Pie French Fries Turkey & Cheese Sandwich Fruit & Vegetable Bar Variety of Milk	4 Pizza Chef Salad Mixed Vegetable P-Butter & Jelly Sandwich Fruit & Vegetable Bar Variety of Milk
		Bagel w/cream cheese, Fresh Fruit, Variety of Milk	Breakfast Pizza, Fresh Fruit, Variety of Milk	Assorted Cereal, Fresh Fruit, Variety of Milk
7 No School On Mondays 9/10 Parent Conferences (Early Release) Teacher In-Service January, 7	8 Corn Dog Mac & Cheese & Ham Green Beans Roll P-Butter & Jelly Sandwich Fruit & Vegetable Bar Variety of Milk	9 Country Beef Steak Chicken Quesadilla Mash Potatoes/Gravy Roll Ham & Cheese Sandwich Fruit & Vegetable Bar Variety of Milk	10 Hot Dog Chili Dog Potato Wedges Turkey & Cheese Sandwich Fruit & Vegetable Bar Variety of Milk	11 Pizza Chef Salad Mixed Vegetable P-Butter & Jelly Sandwich Fruit & Vegetable Bar Variety of Milk
	Assorted Cereal, Fresh Fruit, Variety of Milk	Super Donut, Fresh Fruit, Variety of Milk	Breakfast Burrito, Fresh Fruit, Variety of Milk	Assorted Cereal, Fresh Fruit, Variety of Milk
14	15 Chicken Patty Chicken-Ali-King Steamed Rice P-Butter & Jelly Sandwich Fruit & Vegetable Bar Variety of Milk	16 Teriyaki Chicken Beefaroni Steamed Rice Roll Ham & Cheese Sandwich Fruit & Vegetable Bar Variety of Milk	17 Chicken Fajitas Beef Taco Spanish Rice Tortilla Turkey & Cheese Sandwich Fruit & Vegetable Bar Variety of Milk	18 Pizza Chef Salad Mixed Vegetable P-Butter & Jelly Sandwich Fruit & Vegetable Bar Variety of Milk
	Assorted Cereal, Fresh Fruit, Variety of Milk	Blueberry Muffin, Fresh Fruit, Variety of Milk	Maple Pancake, Fresh Fruit, Variety of Milk	Assorted Cereal, Fresh Fruit, Variety of Milk
21 MARTIN LUTHER KING Jr. Day-21	22 Bean Burrito Cheese Enchilada Spanish Rice P-Butter & Jelly Sandwich Fruit & Vegetable Bar Variety of Milk	23 Orange Chicken Hamburger Steamed Rice Fortune Cookies Ham & Cheese Sandwich Fruit & Vegetable Bar Variety of Milk	24 Spaghetti w/meat sauce Chinese Bowl Steamed Vegetables Roll Turkey & Cheese Sandwich Fruit & Vegetable Bar Variety of Milk	25 Pizza Chef Salad Mixed Vegetable P-Butter & Jelly Sandwich Fruit & Vegetable Bar Variety of Milk
	Assorted Cereal, Fresh Fruit, Variety of Milk	Super Bun, Fresh Fruit, Variety of Milk	Pancake on Stick, Fresh Fruit, Variety of Milk	Assorted Cereal, Fresh Fruit, Variety of Milk
28	29 Fish Nuggets Grilled Cheese Steamed Corn Corn Muffin P-Butter & Jelly Sandwich Fruit & Vegetable Bar Variety of Milk	30 Chicken Alfredo BBQ Chicken On Bun Corn Roll Ham & Cheese Sandwich Fruit & Vegetable Bar Variety of Milk	31 Beef Burrito Cheese Nachos Pinto Beans Turkey & Cheese Sandwich Fruit & Vegetable Bar Variety of Milk	
	Assorted Cereal, Fresh Fruit, Variety of Milk	Banana Muffin, Fresh Fruit Variety Of Milk	Sausage Biscuit, Fresh Fruit, Variety of Milk	
"This institution is an equal opportunity provider."				

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