

GBES Monster Menu OCTOBER 2019

Monday	Tuesday	Wednesday	Thursday	Friday
No School On Mondays Menu Subject to Change	1 Turkey Melt Mac & Cheese & Ham Green Beans P-Butter & Jelly Sandwich Fruit & Vegetable Bar Variety of Milk	2 Chicken Nuggets Beef Ravioli Mashed Potato / Gravy Roll Ham & Cheese Sandwich Fruit & Vegetable Bar Variety of Milk	3 Beef Burrito Cheese Nachos Refried Beans Turkey & Cheese Sandwich Fruit & Vegetable Bar Variety of Milk	4 Pizza Chef Salad Mixed Vegetable P-Butter & Jelly Sandwich Fruit & Vegetable Bar Variety of Milk
	Assorted Cereal, 100% Juice, Variety of Milk	Bagel /cream cheese, Fresh Fruit Variety of Milk	Breakfast Burrito, 100% Juice, Variety of Milk	Assorted Cereal, Fresh Fruit, Variety of Milk
7 Fall Break (8-11) No School 16/17 (Early Release) PARENT CONFERENCES	8 8-11 Fall Break (NO School)	9 NO School	10 Fall	11 Break!!!!!!
14	15 Cheeseburger Frito Pie French Fries P-Butter & Jelly Sandwich Fruit & Vegetable Bar Variety of Milk	16 Chicken Patty Chicken-All-King Steamed Rice Ham & Cheese Sandwich Fruit & Vegetable Bar Variety of Milk	17 Fish Nuggets Turkey Melt Corn Corn Muffin Turkey & Cheese Sandwich Fruit & Vegetable Bar Variety of Milk	18 Pizza Chef Salad Mixed Vegetable P-Butter & Jelly Sandwich Fruit & Vegetable Bar Variety of Milk
	Assorted Cereal, 100% Juice, Variety of Milk	Blueberry Muffin ,Fresh Fruit, Variety of Milk	Breakfast Pizza, 100% Juice, Variety of Milk	Assorted Cereal, Fresh Fruit, Variety of Milk
21 21- Teacher In-Service	22 Hot Dog Chili Dog Beans P-Butter & Jelly Sandwich Fruit & Vegetable Bar Variety of Milk	23 Chicken Alfredo BBQ Chicken On BUN Corn/Roll Ham & Cheese Sandwich Fruit & Vegetable Bar Variety of Milk	24 Spaghetti w/meat sauce Chinese Bowl Steamed Vegetables Roll Turkey & Cheese Sandwich Fruit & Vegetable Bar Variety of Milk	25 Pizza Chef Salad Mixed Vegetable P-Butter & Jelly Sandwich Fruit & Vegetable Bar Variety of Milk
	Assorted Cereal, 100% Juice, Variety of Milk	Super Bun, Fresh Fruit, Variety of Milk	Pancake On a Stick, 100% Juice, Variety of Milk	Assorted Cereal, Fresh Fruit, Variety of Milk
28	29 Bean Burrito Chicken Enchilada Spanish Rice P-Butter & Jelly Sandwich Fruit & Vegetable Bar Variety of Milk	30 Orange Chicken Hamburger Steamed Rice Fortune Cookies Ham & Cheese Sandwich Fruit & Vegetable Bar Variety of Milk	31 Chicken Fajitas Chicken Taco Spanish Rice Tortilla Turkey & Cheese Sandwich Fruit & Vegetable Bar Variety of Milk	
	Assorted Cereal, 100% Juice, Variety of Milk	Super Donut, Fresh Fruit, Variety of Milk	Mini Pancake, Syrup, 100% Juice, Variety of Milk	
"This institution is an equal opportunity provider."				

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