

GBHS Monster Menu JANUARY 2019

Monday	Tuesday	Wednesday	Thursday	Friday
Menu Subject to Change	1 NO SCHOOL New Year Day	2 Chicken Nuggets Mashed Potatoes/Gravy Roll Fruit & Vegetable Bar Variety of Milk	3 Frito Pie French Fries Fruit & Vegetable Bar Variety of Milk	4 Spicy Chicken French Fries Fruit & Vegetable Bar Variety of Milk
		Bagel w/Cream Cheese, Fresh Fruit, Variety of Milk	Breakfast Pizza, Fresh Fruit, Variety of Milk	Assorted Cereal, Fresh Fruit, Variety of Milk
7 Teacher In-Service January-7	8 Corn Dog Green Beans Fruit & Vegetable Bar Variety of Milk	9 Country Beef Steak Mashed Potato/Gravy Roll Fruit & Vegetable Bar Variety of Milk	10 Chili Dog Potato Wedges Fruit & Vegetable Bar Variety of Milk	11 Carnitas Fries Beans Fruit & Vegetable Bar Variety of Milk
	Assorted Cereal, Fresh Fruit, Variety of Milk	Super Donut, Fresh Fruit, Variety of Milk	Breakfast Burrito, Fresh Fruit, Variety of Milk	Assorted Cereal, Fresh Fruit, Variety of Milk
14 No School On Mondays 9/10 Parent Conferences (Early Release)	15 Chicken Patty French Fries Fruit & Vegetable Bar Variety of Milk	16 Hot Pocket Teriyaki Chicken Steamed Rice Fruit & Vegetable Bar Variety of Milk	17 Beef Taco Chicken Fajitas Spanish Rice Tortilla Fruit & Vegetable Bar Variety of Milk	18 Hot Wings Wedges Nachos Fruit & Vegetable Bar Variety of Milk
	Assorted Cereal, Fresh Fruit, Variety of Milk	Blueberry Muffin, Fresh Fruit, Variety of Milk	Maple Pancake, Fresh Fruit, Variety of Milk	Assorted Cereal, Fresh Fruit, Variety of Milk
21 Martin Luther King ,Jr Day-21	22 Chicken Enchilada Spanish Rice Fruit & Vegetable Bar Variety of Milk	23 Orange Chicken Steamed Rice Fortune Cookies Fruit & Vegetable Bar Variety of Milk	24 Chinese Bowl Steamed Vegetables Spaghetti W/meat sauce Roll Fruit & Vegetable Bar Variety of Milk	25 Popcorn Chicken Wedges Fruit & Vegetable Bar Variety of Milk
	Assorted Cereal, Fresh Fruit, Variety of Milk	Super Bun, Fresh Fruit, Variety of Milk	Pancake on Stick, Fresh Fruit, Variety of Milk	Assorted Cereal, Fresh Fruit, Variety of Milk
28 Monster Daily Menu Choices: Cheese/Pepperoni Pizza Cheeseburger Hamburger French Fries Deli Sub Chef Salad	29 Fish Nuggets Steamed Corn Corn Muffin Fruit & Vegetable Bar Variety of Milk	30 Chicken Alfredo Corn Roll Fruit & Vegetable Bar Variety of Milk	31 Beef Burrito Pinto Beans Fruit & Vegetable Bar Variety of Milk	
	Assorted Cereal, Fresh Fruit, Variety of Milk	Banana Muffin Fresh Fruit Variety of Milk	Sausage Biscuit, Fresh Fruit, Variety of Milk	
"This institution is an equal opportunity provider."				