

GBHS Monster Menu OCTOBER 2019

Monday	Tuesday	Wednesday	Thursday	Friday
Menu Subject To Change No School On Mondays 16/17 (Early Release) PARENT CONFERENCES	1 Turkey Melt Mac & Cheese & Ham Green Beans Fruit & Vegetable Bar Variety of Milk	2 Chicken Nuggets Mashed Potatoes/ Gravy Roll Fruit & Vegetable Bar Variety of Milk	3 Beef Burrito Refried Beans Fruit & Vegetable Bar Variety of Milk	4 Spicy Chicken French Fries Fruit & Vegetable Bar Variety of Milk
	Assorted Cereal, Fresh Fruit, Variety of Milk	Bagel w/Cream Cheese, Fresh Fruit, Variety of Milk	Breakfast Burrito, Fresh Fruit, Variety of Milk	Assorted Cereal, Fresh Fruit, Variety of Milk
7 Monster Daily Menu Choices: Cheese/Pepperoni Pizza Cheeseburger Hamburger French Fries Deli Sub Chef Salad /Tuna	8 8-11 Fall Break (No School)	9 NO School	10 Fall	11 Break!!!!
14	15 Frito Pie French Fries Fruit & Vegetable Bar Variety of Milk	16 Chicken Patty French Fries Fruit & Vegetable Bar Variety of Milk	17 Fish Nuggets Corn Corn Muffin Fruit & Vegetable Bar Variety of Milk	18 Nachos Hot Wings Wedges Fruit & Vegetable Bar Variety of Milk
	Assorted Cereal, Fresh Fruit, Variety of Milk	Blueberry Muffin, Fresh Fruit, Variety of Milk	Breakfast Pizza, Fresh Fruit, Variety of Milk	Assorted Cereal, Fresh Fruit, Variety of Milk
21	22 Chili Dog Beans Fruit & Vegetable Bar Variety of Milk	23 Chicken Fajitas Bean Tostada Spanish Rice Tortilla Fruit & Vegetable Bar Variety of Milk	24 Hot Pocket French Fries Fruit & Vegetable Bar Variety of Milk	25 Popcorn Chicken Wedges Fruit & Vegetable Bar Variety of Milk
	Assorted Cereal, Fresh Fruit, Variety of Milk	Super Bun, Fresh Fruit, Variety of Milk	Pancake On Stick, Syrup Fresh Fruit, Variety of Milk	Assorted Cereal, Fresh Fruit, Variety of Milk
28	29 Bean Burrito Chicken Enchilada Spanish Rice Fruit & Vegetable Bar Variety of Milk	30 Orange Chicken Steamed Rice Fortune Cookies Fruit & Vegetable Bar Variety of Milk	31	
	Assorted Cereal, Fresh Fruit, Variety of Milk	Super Donut, , Fresh Fruit, Variety of Milk		
"This institution is an equal opportunity provider."				

GBHS Monster Menu OCTOBER 2019

