

GBHS Monster Menu SEPTEMBER 2019

Monday	Tuesday	Wednesday	Thursday	Friday
No School On Mondays Menu Subject to Change				
2 Labor Day (No School) 30-Teacher In Service	3 Corn Dogs Green Beans Fruit & Vegetable Bar Variety of Milk	4 Chicken Nuggets Mash Potatoes/Gravy Roll Fruit & Vegetable Bar Variety of Milk	5 Teriyaki Chicken Steamed Rice Fruit & Vegetable Bar Variety of Milk	6 Spicy Chicken French Fries Fruit & Vegetable Bar Variety of Milk
	Assorted Cereal, 100% Juice, Variety of Milk	Blueberry Muffin, Fresh Fruit, Variety of Milk	Breakfast Burrito, 100% Juice, Variety of Milk	Assorted Cereal, Fresh Fruit, Variety of Milk
9	10 Bean Burrito Spanish Rice Fruit & Vegetable Bar Variety of Milk	11 Country Beef Steak Mash Potatoes/Gravy Roll Fruit & Vegetable Bar Variety of Milk	12 BBQ Rib Sandwich Wedges Fruit & Vegetable Bar Variety of Milk	13 Quesadilla Refried Beans Fruit & Vegetable Bar Variety Of Milk
	Assorted Cereal, 100% Juice, Variety of Milk	Super Bun, Fresh Fruit, Variety of Milk	Breakfast Pizza, 100% Juice, Variety of Milk	Assorted Cereal, Fresh Fruit, Variety of Milk
16 Popcorn Chicken Wedges	17 Fish Nuggets Steamed Corn Corn Muffin Fruit & Vegetable Bar Variety of Milk	18 Orange Chicken Steamed Rice Fortune Cookie Fruit & Vegetable Bar Variety of Milk	19 Taco Salad Refried Beans Fruit & Vegetable Bar Variety of Milk	20 Cheesy Nacho Refried Beans Fruit & Vegetable Bar Variety of Milk
	Assorted Cereal, 100% Juice, Variety of Milk	Super Donut, Fresh Fruit, Variety Of Milk	Maple Pancake, Syrup, 100% Juice, Variety of Milk	Assorted Cereal, Fresh Fruit, Variety of Milk
23 Monster Daily Menu Choices: Cheese/Pepperoni Pizza Cheeseburger Hamburger French Fries Deli Sub Chef Salad	24 Chill Dogs Beans Fruit & Vegetable Bar Variety of Milk	25 Frito Pie Wedges Fruit & Vegetable Bar Variety of Milk	26 Pizza Corn Fruit & Vegetable Bar Variety of Milk	27 Spaghetti / w meat sauce Green Beans kjuv Roll Fruit & Vegetable Bar Variety of Milk
	Assorted Cereal, 100% Juice, Variety of Milk	Banana Muffin Fresh Fruit, Variety Of Milk	Pancake On a Stick 100% Juice, Variety Of Milk	Assorted Cereal, Fresh Fruit, Variety of Milk
"This institution is an equal opportunity provider."				